



FOR IMMEDIATE RELEASE:

## Helene Hadsell Teaches You How to Understand the Unseen World & Other Dimensions

Oshawa ON – After being out of print for over 10-years, you can once again read the book Helene Hadsell was destined to write; *In Contact With Other Realms*.

You may recognize her name because Helene was “the woman who won every contest prize she desired,” including a fully furnished home, and the author of the best-selling book *Contesting: The Name It & Claim It Game*. However, ‘The Messenger’ reminded her that her best-seller wasn’t what she was here to do. This book was. Reminding people about the adventure they were on.

In this updated 2nd Edition, Helene leads you on an exciting journey of her deep insights in her unique storytelling style. She is a true adventurer and shares with you a myriad of her experiences and encounters—that began at the age of six and never stopped. Some of the things Helene teaches you are; how thought forms are created, how apparitions are messengers sent from our higher intelligence, how it was a stupid idea to levitate, and how she became invisible with Paul Twitchell.

In 2008 Helene told Carolyn Wilman, she should start teaching her courses as she was no longer lecturing, and finally, after 12 years, Carolyn picked up the gauntlet she was entrusted with and started writing, updating and re-publishing all of Helene’s publications using modern methodologies.

After a long life filled with exploration, Helene Hadsell passed away in 2010.

### AUTHORS

**Helene Hadsell** was proof, not only of her dynamic philosophy of life but of the entire New thought Movement’s emphasis on successful living through optimism. Her practice of positive thinking in the energetic pursuit of her goals has brought her rich rewards in terms of spiritual, physical, and material well being. Mrs. Hadsell authored four best-selling books, including *The Name It & Claim It Game*, in which she recounts the truly amazing events in her life that bear out her conviction that anyone can achieve anything their mind can conceive if they firmly resolve to do so.

**Carolyn Wilman** (aka [@IdeaMajesty](#)) is a Digital Marketer that works with companies to create and viral market winning promotions maximizing their ROI and loyal customers. Ms. Wilman is also the author of two best-selling books: *You Can’t Win If You Don’t Enter* and *How To Win Cash, Cars, Trips & More!*, and to-date, others have won more than \$1M using her proven Online Entry System.

*In Contact With Other Realms* is available in two formats, paperback, and e-book, on four channels: Amazon, Kindle, Kobo, and Apple Books.

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